Miss Julie’s Learning at Home Activity
The Boredom Can

Related Special Education Lesson November 19, 2021 on WQLN PBS

How to Make

Materials:

• An empty soup or vegetable can.
• White paper
• Anything you have to decorate on paper
• Glue
• Strips of paper or popsicle sticks
• Black magic marker

Directions:

1. Clean up an empty soup or vegetable can.
2. Measure a piece of white paper that you will decorate and glue onto the can.
3. Decorate the paper in any way you want using paint, crayons, or whatever you have.
4. Glue onto the can to make a new cover for it.
5. On several pieces of paper or popsicle sticks, write with a marker some activity ideas to do when you are bored. Place the paper or popsicle sticks inside the can.
6. Pick the paper or popsicle sticks out of your can when you are bored to give you some ideas of what to do.