Ms. Heather’s Learning at Home Activity
Good Manners/Kindness Jar

Related Science Lesson Airs October 27, 2021 on WQLN PBS

How to Make

Materials:
- Jar or container
- Puff balls or cotton balls
- Paper
- Crayons or markers
- Tape or glue

Directions:
1. Find a jar or empty container that will serve as a holding place for the good manners/kindness puffs that your child will achieve.
2. On a piece of paper, write your child/children’s name who will be filling the jar with acts of kindness and good manners that they perform.
3. Allow your child to decorate the paper/jar.
4. Tape or glue the paper to the outside of the jar.
5. Place a puff ball or cotton ball inside the jar each time your child shows an act of kindness or good manners.
6. When the jar is full, celebrate with something special. It can be something as simple as a walk, a special treat, a bike ride, or a trip to the park.
7. This is a wonderful way to point out the positive things your child does, and it encourages acts of kindness and good manners.

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