Miss Sarah’s Learning at Home Activity
My Mat Man of Shapes

Related Science Lesson December 8, 2021 on WQLN PBS

How to Make

Materials:
• Colored construction paper
• White construction paper
• Scissors
• Glue or tape
• Markers, crayons, or colored pencils

Directions:
1. Using your construction paper, draw and cut out any large shape (circle, triangle, square, heart, etc.) to use as body.
2. Using another piece of construction paper, cut out four long strips to use as arms and legs.
3. Fold the strips back and forth over and over, and then glue to large body shape for the arms and legs of your mat man.
4. Cut out another shape for the head.
5. Glue the head shape to the body shape and decorate as desired.
6. Decorate your mat man using markers, crayons, or colored pencils.

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